

Are you caring for a loved one with a
physical disability or dementia?

vitalise

respite care breaks can
give you the rest you
so desperately need



Vitalise
offers carers
complete
peace of
mind

Vitalise has been providing subsidised essential breaks for
disabled people and their carers for over 50 years

To see how Vitalise could help you
call 0303 303 0145 or
email bookings@vitalise.org.uk

Find us on:



www.vitalise.org.uk

Registered charity number 295072